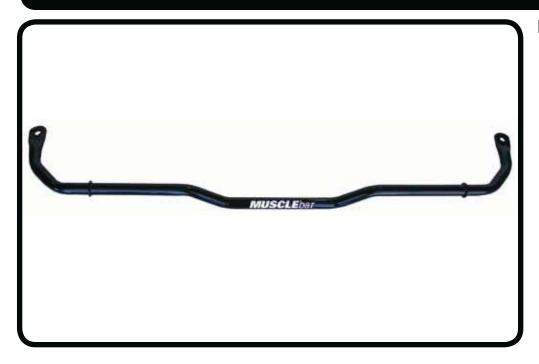




Part # 11169120 - 1967-1969 F-Body Front SwayBar



Recommended Tools





1967-1969 F-Body Front SwayBar Installation Instructions

Table of contents

Page 2...... Included components and Hardware List

Page 3...... SwayBar Installation

Page 4...... SwayBar Installation

INSTALL SWAYBAR BEFORE REINSTALLING THE FRONT SUSPENSION COMPONENTS.





Installation Instructions

Bushing Strap to Frame



Major ComponentsIn the box

5/16" Split Lockwasher

Part #	Description		QTY
90002488	Front SwayBar		1
90002511	End Link Kit		1
70012402	Delrin Sway Bar Bushing Liner		2
90001100	Sway Bar Bushing Kit		1
Part #	Description	Usage	QTY
99311001	5/16"-18 x 1" Hex Bolt	Bushing Strap to Frame	4
99313003	5/16" SAE Flatwasher	Bushing Strap to Frame	4

Getting Started.....

99313002

IT IS VERY IMPORTANT TO ATTACH THE SWAYBAR TO THE FRAME BEFORE REINSTALLING THE FRONT SUSPENSION.

Remove the OEM Swaybar to prepare for the StreetGrip SwayBar installation.

This SwayBar kit utilizes a Delrin Liner in the SwayBar Bushing. The Delrin Liner allows the Swaybar to move freely and quietly in the Bushing. The Delrin is self-lubricating, no lubrication is required.



1. Insert the SwayBar through the frame into the OEM location. The SwayBar will be installed with the center of the SwayBar hanging down for engine clearance. The Delrin Liner is split on one side to ease installation. We found it easier to install by opening up the Liner enough to slide it onto the end of the SwayBar, then sliding it into position. It will open up and slide over the curves in the Bar. Install a Liner on each side of the SwayBar in the approximate location they will need to be when installing the SwayBar on the Car.

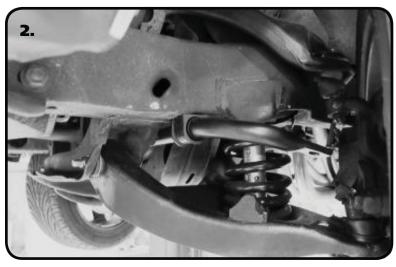
www.ridetech.com 812-482-2932



Installation Instructions



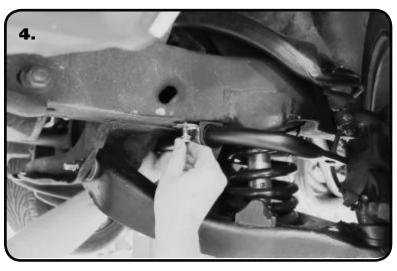
SwayBar Installation



2. Open up the Poly SwayBar Bushings and install them over the Delrin Sleeves.



3. Install Bushing Straps Over the Poly Sway-Bar Bushings.



4. Slide the SwayBar into position on the Car. You may need to move the bushing assemblies on the swaybar to get the slots in the straps to align with the OEM threaded holes. Install a 5/16" Lockwasher and 5/16" Flatwasher on each 5/16" Bolt and thread them into the OEM Threaded holes. Do **NOT** Complete tighten the Hardware. It will be left partially loose until the End Links are installed.

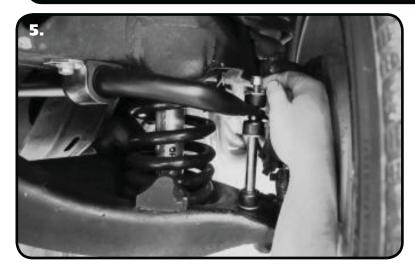
www.ridetech.com 812-482-2932



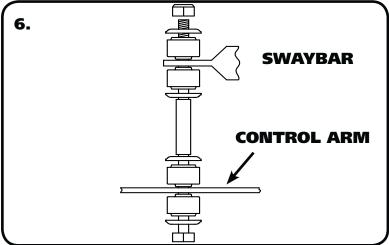
Installation Instructions



SwayBar Installation



5. Install the End Links. Use the photo in Diagram "5" and Diagram "6" for proper installation. The Threads on the bolt should point up. Tighten the Hex Nut enough to slightly compress the Bushings.



7. Tighten the Sway Bar Mounting Hardware. Center the mounting bolts in the slots before tightening the bolts.