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**Part # 11289100**  
**65-70 Impala Front MuscleBar**

**Components:**

1	90000104	Sway bar
2	90001100	Bushing and strap kit
2	90000929	12mm end link
2	90001092	Tube of Lithium grease

**Hardware:**

2	99122001	12mm x 1.75	Lock nut	PosiLink to sway bar
4	99433002	7/16"	SAE flat washer	PosiLink to sway bar
2	99122007	12mm	lock washer	PosiLink to lower arm
4	99371004	3/8" x 1 1/4"	USS bolt	Frame bracket
4	99372002	3/8"	USS Nylok nut	Frame bracket
8	99373003	3/8"	SAE flat washer	Frame bracket

**MUSCLEbar**<sup>TM</sup>  
by Air Ride Technologies

# MUSCLEbar™

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## Installation Instructions

\*\*\*\*\*This sway bar is designed for use with our front StrongArms\*\*\*\*\*



1. Slide the sway bar through the same holes in the frame that the factory bar went through.
2. Install the new polyurethane bushing over the sway bar. Lubricate with the Lithium grease supplied.
3. Slide the frame bracket over the bushings and clamp the sway bar up to the frame using a couple "C" clamps. The sway bar should be centered in the hole through the frame.



4. Adjust the frame bracket so that the corner of the bracket is flush with the outside of the frame rail.
5. The factory bolt holes will not be used. Two new holes must be drilled with a 3/8" bit.
6. Secure the assembly with two 3/8" x 1 1/4" bolts, flat washers and Nylok nuts.



7. Install the lower StrongArms.

8. Screw one end of the PosiLink into the end of the sway bar. A 12mm lock washer will be used between the stud and the sway bar.



9. The other end of the PosiLink will attach to the tab on the StrongArm using a 12mm flat washer and locking nut.

10. Check sway bar clearance through full suspension travel.

11. Congratulations!! Your New MuscleBar installation is now complete. If you have any further questions feel free to contact us at 812-482-2932.

