2. Press shaft out of the lower control arm.

Note: The bushing outer metal shell will remain in the control arm when you press the shaft out. Do not remove the bushing outer metal shell as it will be reused with our bushing. The bushing I.D. sleeve should remain on the shaft when you press the shaft out. If not, press the sleeve out of the bushing carefully as you will have to reuse it. Once the sleeve is removed from the bushing, reinstall on the shaft.

- 3. Clean the old rubber completely out of the outer metal shell in the control arm.
- 4. Grease the inside, outside and the flange face with the supplied grease. This will reduce the possibility of squeaks.
- 5. Press our bushings into the control arm bushing shell. Make sure the flange is
- 6. Press the shaft with the sleeve installed into the bushing until the flange of the shaft is bottomed on the flange of the bushing.
- 7. Reinstall the control arms onto the car.
- 8. Repeat the procedure on the other side.

© 2002 Energy Suspension. All rights reserved. May not be reproduced, in any form, or by any means, without the written consent of Energy Suspension.

SET # 5-3112 & 5-3121

1131 VIA CALLEJON. SAN CLEMENTE, CA 92673

A, B and E-Body lower control arm bushing installation instructions

- 1. Remove control arm with shaft.
- 2. Press shaft out of the lower control arm.

Note: The bushing outer metal shell will remain in the control arm when you press the shaft out. Do not remove the bushing outer metal shell as it will be reused with our bushing. The bushing I.D. sleeve should remain on the shaft when you press the shaft out. If not, press the sleeve out of the bushing carefully as you will have to reuse

- it. Once the sleeve is removed from the bushing, reinstall on the shaft.
- 3. Clean the old rubber completely out of the outer metal shell in the control arm.
- 4. Grease the inside, outside and the flange face with the supplied grease. This will reduce the possibility of squeaks.
- 5. Press our bushings into the control arm bushing shell. Make sure the flange is seated.
- 6. Press the shaft with the sleeve installed into the bushing until the flange of the shaft is bottomed on the flange of the bushing.
- 7. Reinstall the control arms onto the car.
- 8. Repeat the procedure on the other side.

(c) 2002 Energy Suspension. All rights reserved. May not be reproduced, in any form, or by any means, without the written consent of Energy Suspension.

SET # 5-3112 & 5-3121



1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

A, B and E-Body lower control arm bushing installation instructions

- 1. Remove control arm with shaft.
- 2. Press shaft out of the lower control arm.

Note: The bushing outer metal shell will remain in the control arm when you press the shaft out. Do not remove the bushing outer metal shell as it will be reused with our bushing. The bushing I.D. sleeve should remain on the shaft when you press the shaft out. If not, press the sleeve out of the bushing carefully as you will have to reuse it. Once the sleeve is removed from the bushing, reinstall on the shaft.

- **17043**Updated 27/DEC/01 3. Clean the old rubber completely out of the outer metal shell in the control arm.
 - 4. Grease the inside, outside and the flange face with the supplied grease. This will reduce the possibility of squeaks.
 - 5. Press our bushings into the control arm bushing shell. Make sure the flange is
 - 6. Press the shaft with the sleeve installed into the bushing until the flange of the shaft is bottomed on the flange of the bushing.
 - 7. Reinstall the control arms onto the car.

界

8. Repeat the procedure on the other side.

(c) 2002 Energy Suspension. All rights reserved. May not be reproduced, in any form, or by any means, without the written consent of Energy Suspension.

SET # 5-3112 & 5-3121

1131 VIA CALLEJON, SAN CLEMENTE. CA 92673

A, B and E-Body lower control arm bushing installation instructions

- 1. Remove control arm with shaft.
- 2. Press shaft out of the lower control arm.

Note: The bushing outer metal shell will remain in the control arm when you press the shaft out. Do not remove the bushing outer metal shell as it will be reused with our bushing. The bushing I.D. sleeve should remain on the shaft when you press the shaft out. If not, press the sleeve out of the bushing carefully as you will have to reuse it. Once the sleeve is removed from the bushing, reinstall on the shaft.

- 3. Clean the old rubber completely out of the outer metal shell in the control arm.
- 4. Grease the inside, outside and the flange face with the supplied grease. This will reduce the possibility of squeaks.
- 5. Press our bushings into the control arm bushing shell. Make sure the flange is
- 6. Press the shaft with the sleeve installed into the bushing until the flange of the shaft is bottomed on the flange of the bushing.
- 7. Reinstall the control arms onto the car.
- 8. Repeat the procedure on the other side.

(c) 2002 Energy Suspension. All rights reserved. May not be reproduced, in any form, or by any means, without the written consent of Energy Suspension.