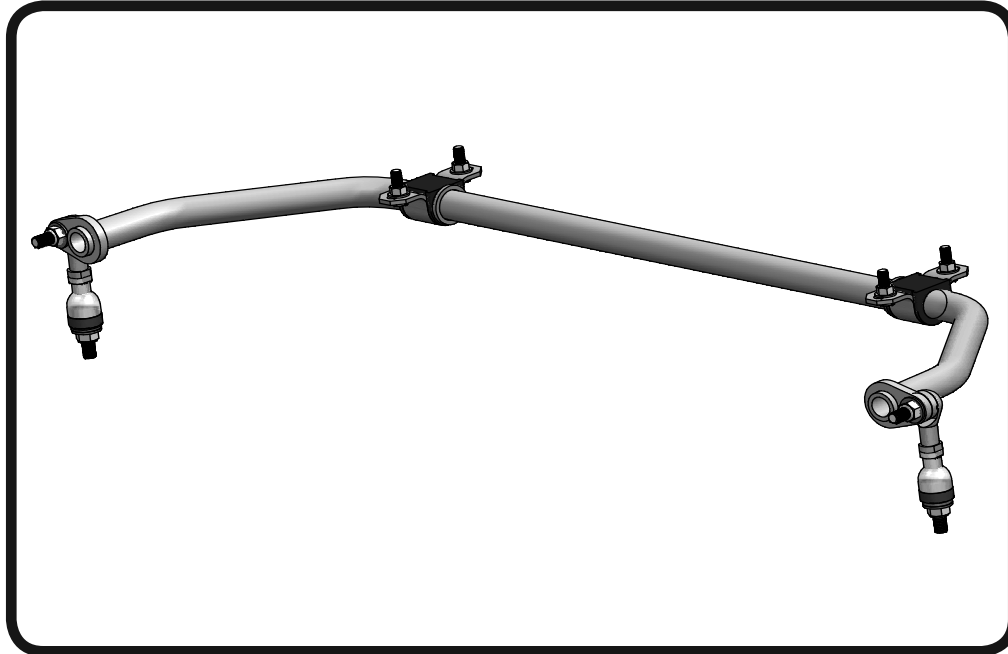
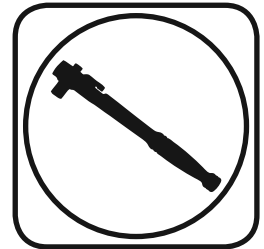




Part # 11369100 - 1963-1987 C10 Front MuscleBar



Recommended Tools



1963-1987 C-10 Rear MuscleBar Installation Instructions

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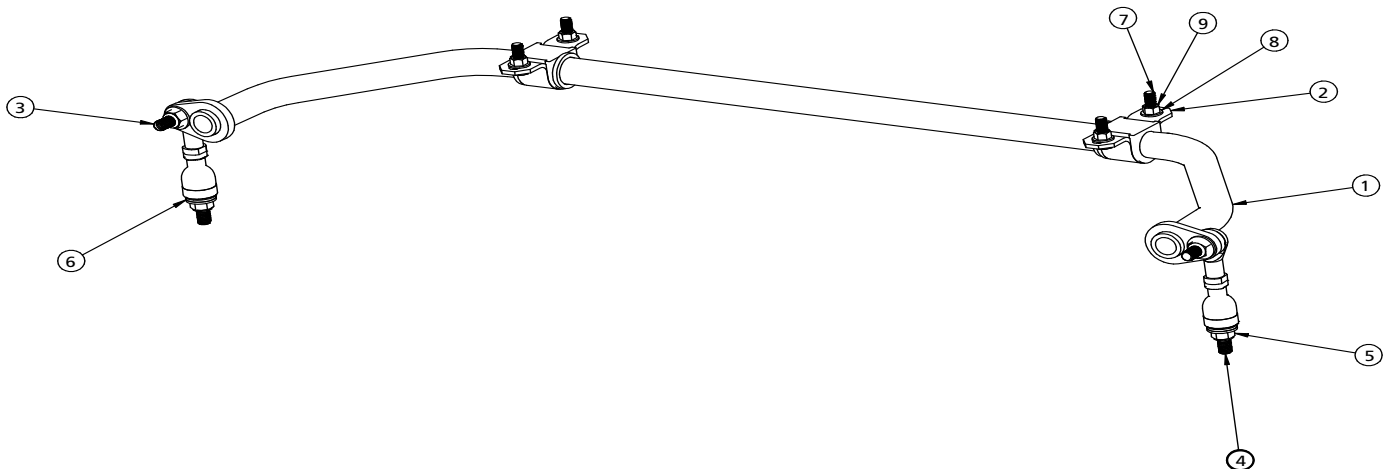
- Page 2..... Included components and Hardware List
- Page 3..... Getting Started
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- Page 5..... Final Tightening and Adjusting





Major ComponentsIn the box

Item #	Part #	Description	QTY
1	90000664	C-10 Front MuscleBar Assembly	1
2	90001100	Poly Bushing and Frame Bracket (Pr)	1
3	90000921	12mm 90 degree elbow (Preassembled Posilink)	2
4	90000922	12mm Straight Posilink (Preassembled Posilink)	2
	99125001	M12-1.75 x 45mm Stud (Preassembled Posilink)	2
	90001092	Tube of Lithium Grease (Not Shown)	1



Hardware ListIn the box

Item #	QTY	Part Number	Description	Location
5	4	99122001	12-1.75mm Nylok Nut	Posilink Endlinks to frame and MuscleBar
6	8	99433002	7/16" SAE Flatwasher	Posilink Endlinks to frame and MuscleBar
7	4	99371004	3/8"-16 x 1 1/4" Hex Bolt	Bushing Bracket to Frame
8	8	99373003	3/8" SAE Flatwasher	Bushing Bracket to Frame
9	4	99372002	3/8"-16 Nylok Nut	Bushing Bracket to Frame

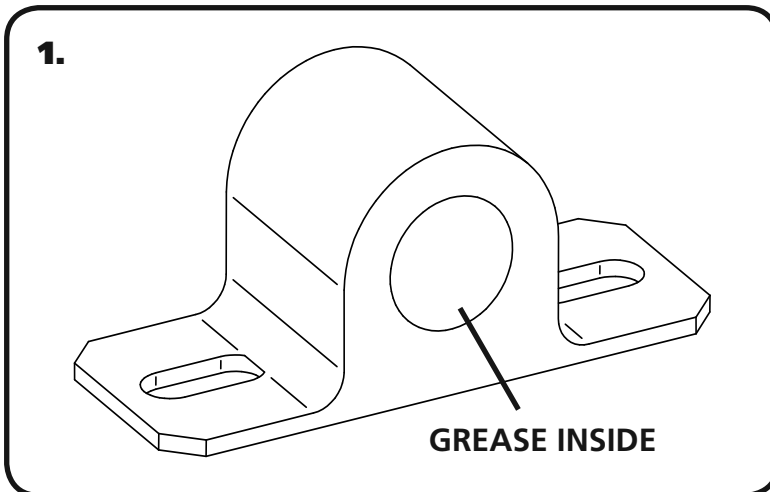


Getting Started.....

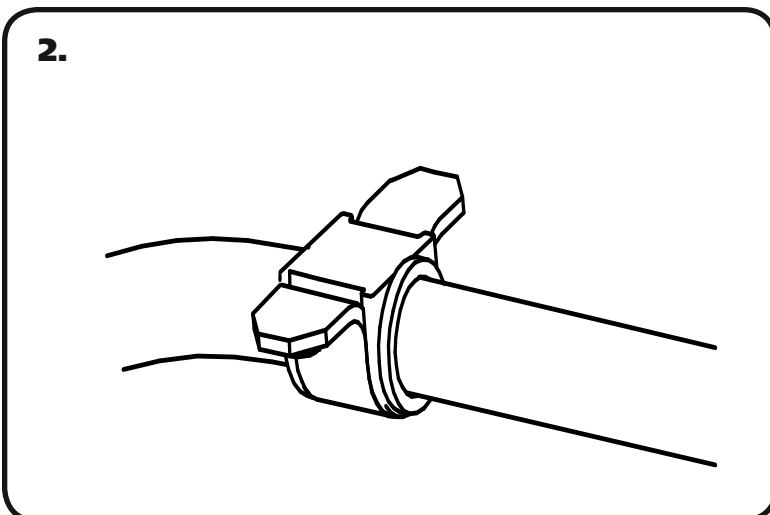
Congratulations on your purchase of the Ridetech Front Muscle Bar. This system has been designed to give your truck excellent handling along with a lifetime of enjoyment. One of the key features of this MuscleBar: Posilinks - The Posilink makes the reaction of the swaybar instantaneous.

Note: This sway bar is designed for use with RideTech lower StrongArms. It will not work with other arms without modification.

Note: Remove the factory sway bar. On trucks with a factory sway bar you will have to remove the sway bar frame mount.



1. Apply Lithium grease to the inside of the sway bar bushings using the tube of grease supplied in the kit.



2. Install the swaybar bushings and straps onto the MuscleBar. The bushings and straps get installed on the outer ends of the Muscle-Bar against the stop rings.



MuscleBar Installation



3. For 73-87

Remove the drop down Frame Bracket. Bolt the new MuscleBar to the frame rail using the poly bushing and bracket. The rear hole for the factory sway bar mount will be reused for the rear hole in the new bracket. The front hole must be drilled with a 3/8" bit. Four 3/8" x 1 1/4" bolts, Nylok nuts, and eight flat washers will secure it to the frame.



3. For 63-72

Clamp the mount 2 3/4" behind the oval hole in the bottom of the frame. Both of the holes for the sway bar mount must be drilled with a 3/8" bit. Secure the mount with four 3/8" x 1 1/4" bolts, Nylok nuts and flat washers.



4. Attach the Posilinks in the **CENTER** hole of the MuscleBar and the StrongArm using a 7/16" SAE Flatwasher on each side of the arm on the MuscleBar and each side of the bracket on the StrongArm. Install 12mm Nylok nut on each posilink and tighten down.



**Installation
Instructions**



Final Tightening and Adjusting

5. Tighten the bolts attaching the bushings bracket to the frame. After installation, be sure that the Musclebar will go through the entire suspension travel without contacting anything

Note: If any grease is needed after installation use a lithium based grease. **DO NOT USE A PETROLEUM BASED GREASE**

STILL HAVE QUESTIONS?

Tech line hours

Monday - Friday

8AM - 6PM (EST) 812-482-2932