



# PERFORMER RPM HYDRAULIC CAMSHAFT AND LIFTER KIT

## For Ford 351 C.I.D. Cleveland V8

### Catalog #7168

## INSTALLATION INSTRUCTIONS

**PLEASE** study these instructions carefully before beginning this installation. Most installations can be accomplished with common tools and procedures. However, you should be familiar with and comfortable working on your vehicle. If you do not feel comfortable performing this installation, it is recommended to have the installation completed by a qualified mechanic. If you have any questions, please call our **Technical Hotline at: 1-800-416-8628**, 7:00 am - 5:00 pm, Pacific Standard Time, Monday through Friday or e-mail us at [Edelbrock@Edelbrock.com](mailto:Edelbrock@Edelbrock.com).

**IMPORTANT NOTE: Proper installation is the responsibility of the installer.**  
**Improper installation may result in poor performance and engine or vehicle damage.**

**DESCRIPTION:** Edelbrock Performer RPM camshafts are ground specifically for use with the corresponding Performer RPM manifold. The Performer RPM manifold #7564 and Performer RPM camshaft #7168 are designed to work as a team to give you better driveability and performance. They are dyno-matched and street-proven. For best results, use the Edelbrock manifold/camshaft package with the recommended carburetor and headers. Performer RPM camshafts are designed for use with modified or high performance cylinder heads and valve train components only. Screw-in studs, adjustable rocker arms, and matching valve springs must be used.

**NOTE:** Performer RPM camshaft #7168 is designed specifically for use with Edelbrock Performer RPM cylinder heads #61629. Edelbrock does not currently offer valve springs that will allow the use of this camshaft with stock cylinder heads, nor are the OEM springs compatible with this camshaft. Edelbrock recommends purchasing valve springs that will provide 120 lbs of seated pressure, 300 lbs of open pressure @ .500" lift, and will accommodate a valve lift of .588" from an appropriate valvetrain company, such as Crane or Pioneer.

**IMPORTANT:** This instruction sheet provides general installation guidelines which can affect your warranty. Read it carefully. It is not our intent to cover each detail of installation here; a step-by-step procedure manual would be far too lengthy. We want to caution you that installing a camshaft is a complicated procedure that requires a good general knowledge of automotive engines. If you are not confident that you can complete the camshaft installation successfully, we suggest you consider having it installed by a qualified mechanic. Improper installation will result in **LOW MILEAGE, POOR PERFORMANCE, COSTLY REINSTALLATION, and ENGINE DAMAGE.**

**TO AVOID THESE PROBLEMS, YOU MUST DO THE FOLLOWING:**

1. Carefully study and understand all instructions.
2. Examine the camshaft for possible shipping damage (if damaged contact your dealer immediately).

**KIT CONTENTS:**

- 1 Camshaft
- 16 Hi-Rev Hydraulic Lifters
- 1 Assembly Lube

### PREPARATION CHECKLIST

**TOOLS AND EQUIPMENT FOR INSTALLATION:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Box and open end wrenches            | <input type="checkbox"/> Torque wrench                 | <input type="checkbox"/> Water bucket  |
| <input type="checkbox"/> Socket set                           | <input type="checkbox"/> Hammer                        | <input type="checkbox"/> Harmonic balancer puller                              |
| <input type="checkbox"/> Distributor wrench                   | <input type="checkbox"/> Gasket scraper or putty knife | <input type="checkbox"/> Gear puller for crankshaft sprocket                   |
| <input type="checkbox"/> Pliers (channel locks & hose clamp)  | <input type="checkbox"/> Timing light & vacuum gauge   | <input type="checkbox"/> Chalk, paper and pencil                               |
| <input type="checkbox"/> Screw drivers (regular and phillips) | <input type="checkbox"/> Rags                          | <input type="checkbox"/> Masking tape (for tagging hoses and electrical wires) |

**HARDWARE AND PARTS REQUIRED:**

- |   |  |
|---|--|
| <input type="checkbox"/> Gaskets - Edelbrock #7265, OEM or equivalent | <input type="checkbox"/> Radiator coolant  |
| <input type="checkbox"/> Pipe plugs, if needed                        | <input type="checkbox"/> Edelbrock Performer-Link True Rolling Timing Chain & Gear Set #7821 |
| <input type="checkbox"/> Edelbrock Gasgacinch #9300                   | <input type="checkbox"/> Front cover oil seal, OEM or equivalent                             |
| <input type="checkbox"/> RTV Silicone sealer                          | <input type="checkbox"/> Compatible Valve Springs  |
| <input type="checkbox"/> Engine oil and filter                        |  |

**IMPORTANT NOTES AFFECTING YOUR WARRANTY. PLEASE READ BEFORE CONTINUING THIS INSTALLATION!**

**CAM LOBE DAMAGE:** Cam lobe wear is almost non-existent unless mismatched parts are used or installation of the cam and lifters is done improperly. Cam damage can result from the timing gear loosening due to improper torque on bolts. Bolts holding gear to camshaft should be torqued carefully and a locking compound applied to threads of bolts. Before installing your new Performer RPM camshaft, check the gear drive on the distributor and oil pump for any signs of wear. If worn, be sure to replace with a new gear or you may wear out your camshaft prematurely. High-pressure oil pumps are not recommended with Performer RPM camshafts. Edelbrock camshafts are designed to be used with Edelbrock timing chains.

**VALVE SPRINGS (CAUTION REGARDING YOUR WARRANTY):**

In order for this Performer RPM cam and lifter kit to be covered under ANY WARRANTY you MUST use the correct valve springs. Failure to install new valve springs with the appropriate pressures and rate with your new Performer RPM cam could cause the cam lobes to wear excessively and could cause additional engine damage.

1. This camshaft is designed to function with the stock springs on the Performer RPM cylinder head #61629. These springs will not work on a factory Ford cylinder head. Use caution if you use dual valve springs with this camshaft, as they often produce pressures that would be excessive and potentially harmful to the lobe surface. Aftermarket retainers may be necessary with your installation for proper spring height. Do not use rotator type valve springs or retainers for this application.

**LIFTERS:** New lifters must be used with new camshaft. Use only the high rev lifters supplied with this kit. When installing the lifters make sure to coat the bottom of each lifter and the lobe surface with the supplied MoS2 assembly lube, and apply fresh, clean oil on the lifter bore just prior to installing. After assembly, make sure that all lifters fit freely in the lifter bores

**PUSHRODS AND ROCKER ARMS:** High performance pushrods and adjustable rocker arms and studs are recommended for this installation. O.E.M. or aftermarket long-slot rocker arms or roller rockers are necessary to prevent binding on the rocker stud at full lift. After the cam is installed and timed correctly (**See Fig. 2**), it will be necessary to check each pushrod for correct lifter preload.

**TIMING CHAIN:** Use Edelbrock Performer-Plus Timing Chain and Gear Set #7821 or Accu-Drive gear drive #7896 ONLY. Do not use late model timing chain and gear sets that are designed for emission-controlled engines. These timing sets are machined in a retarded position and are not recommended for this camshaft installation. Edelbrock Timing Sets feature three keyways for specific timing selection.

**CAM GEARS AND CAMSHAFT END PLAY:** If cam gear becomes loose, the cam will slide back in the block, causing the lifters to hit the lobes next to them and also the cam bearing journals. If the engine is run after this happens, the bottom of the lifters and the sides of the lobes will become damaged. See Installation Instructions section for end play specifications.

**OPERATING CLEARANCES:** When installing a camshaft, it is always important to check for proper operating clearances, especially when high performance components are used. Things to look for that can cause failure and damaged parts are as follows:

1. Improper valve-to-piston clearance (this should be no less than 0.080").
2. Rocker arm stud slot clearance (both ends; valve closed and open).
3. Proper spring settings (see dimensions with spring instruction sheet). Correct dimensions mean maximum performance and longer engine life.

**NOTE:** We recommend the use of roller rockers.

**REMOVAL OF ENGINE PARTS BEFORE CAMSHAFT INSTALLATION**

(Be sure to keep all parts in order)

**WARNING! DO NOT REMOVE RADIATOR CAP OR RADIATOR HOSES WHILE ENGINE IS HOT!**

**IMPORTANT NOTICE:** If the air conditioning condenser needs to be removed to provide clearance for camshaft removal, have the system evacuated by an appropriate repair facility **BEFORE** starting the installation. The facility can recharge the system after installation.

1. Disconnect the battery.
2. Drain radiator coolant. Drain plug will normally be located on lower right or left side of the radiator facing the engine.
3. Move fan shroud back and remove fan and spacer from water pump. On air conditioned vehicles, remove bolt, lower idler pulley and compressor-to- water pump mount. Disconnect hoses and brackets. Most vehicles will require radiator removal prior to cam removal. Remove water pump.
4. Remove radiator and air conditioning condenser if so equipped. In some cases, the front grille may have to be removed. Measure distance from front cover to grille or brackets that may interfere with camshaft against the length of the camshaft.
5. Remove the gas cap to relieve pressure. Disconnect fuel line and plug the line. Replace gas cap.
6. Disconnect all linkage from carburetor such as throttle, throttle springs, transmission, cruise control and automatic choke.
7. Tag and remove coil wires and sensor wires.
8. Tag and remove vacuum lines.
9. Remove valve covers.
10. Remove distributor cap and wires, rotate engine until rotor points towards number 1 terminal in cap and pointer on front cover is on top dead center (TDC) and remove distributor (**See Fig. 1**). Make a note of the approximate position of the distributor housing in

relation to the manifold to assist in getting the distributor properly located during re-installation.

11. Remove carburetor and intake manifold assembly. Remove and discard intake manifold gasket.
12. Remove rocker arms and pushrods.
13. Remove hydraulic valve lifters.
14. Remove crankshaft pulley, and using a suitable puller, remove crankshaft dampener (harmonic balancer).
15. Loosen oil pan and remove front cover.

**NOTE:** The front cover oil seal should be replaced before the front cover is re-installed.

16. Remove fuel pump and fuel pump pushrod (vehicles with mechanical fuel pumps only).
17. Rotate engine until timing marks are aligned (**See Fig. 2**).
18. Remove bolts retaining camshaft sprocket. Remove sprocket and chain.
19. Remove camshaft thrust plate and camshaft.
20. Using appropriate gear puller, remove crankshaft sprocket.

## INSTALLATION PROCEDURE

1. Check lifters as covered in lifter section. Coat cam lobes and distributor drive gear of cam with assembly lube (supplied).
2. Install new camshaft with new sprockets and timing chain. Torque timing chain sprocket to factory specification listed in Motors or other repair manual.

**NOTE:** Check camshaft end-play, and maintain end-play clearance between .005" and .010".

**CAUTION:** When using Performer-Link True Rolling Timing Chain and Gear Set (#7821) or Accu-Drive gear drive set (#7896) with an Edelbrock camshaft, straight up timing alignment is achieved. If any other timing gear set is used, it is necessary to check camshaft position for correct timing alignment. This requires indexing the camshaft with a degree wheel to verify timing alignment. O.E.M. or non-Edelbrock timing gear sets are not recommended for use with Edelbrock camshafts. Use locking compound material on bolt threads holding gear to cam. Torque to factory specification listed in Motors or other repair manual.

3. Coat the bottom of each lifter with the supplied assembly lube and install each lifter using fresh clean oil on the lifter bore just prior to installing. Check to make sure all lifters rotate freely in lifter bores.

**NOTE: DO NOT** soak lifters in oil, or "pump up" lifters prior to installation. This will result in improper lifter preload.

4. Line up camshaft with timing marks aligned (**See Fig. 2**).

### 5. VALVE ADJUSTMENT:

- A. Install pushrod with lube on both ends. Make sure tip hits center of lifter cup. Install rocker arms. You are now ready to start valve adjustment.
- B. Turn the engine over until the No. 1 cylinder reaches TDC on the compression stroke (both valves are closed). At this point install the adjusting nuts on both the intake and exhaust rocker arms and adjust them to zero clearance between the rocker arm and valve tip. From this point turn the adjusting nut down (clockwise) 1/4 turn more for final adjustment.

- C. Rotate the crankshaft 90 degrees so that the next piston in the firing order is at TDC and repeat step B.
- D. The above procedure assures correct hydraulic lifter preload is achieved on all eight cylinders.

6. Install front timing cover and oil pan.

**NOTE:** Install new seal between oil pan and front cover if old seal is damaged after removal. Use RTV silicone sealant on seal to ensure proper seal to pan.

7. Torque front timing cover bolts to 6-7 ft. lbs.
8. Install front harmonic balancer and torque to 50 ft.-lbs.
9. Install fuel pump and pushrod.
10. Install water pump using new gaskets and torque to 30 ft.-lbs.
11. Install intake manifold/carburetor assembly using new intake gasket set and torque bolts to 25 ft/lbs.

### 12. DISTRIBUTOR INSTALLATION & ENGINE TIMING

**NOTE:** Before installing your distributor, check the gear drive on the distributor and oil pump for any signs of wear. If worn, be sure to replace with new or you may wear out your camshaft prematurely. This is especially true when rebuilding your engine and a high performance oil system is used, which generates a heavier load on the camshaft gear system. Edelbrock camshafts are designed to use OEM-type gears only.

- A. Turn the engine over in direction of rotation until the No. 1 intake valve closes and continue until the pointer on the front cover is approximately five degrees (5°) before top dead center (BTDC) (**See Fig. 1 for firing order**).
- B. Re-install the distributor with the rotor pointing towards No. 1 terminal in the cap, and with the distributor housing in its original position. If distributor will not drop down all the way to the flange on the manifold, it will be necessary to align the distributor shaft with the oil pump drive. Slowly rotate the engine until the distributor drops down against the manifold, then continue turning until two

complete revolutions are completed and the timing marks once again come to five degrees BTDC.

- C. Lightly tighten the hold-down clamp so that the distributor can still be turned to determine final setting using a timing light with the engine running.

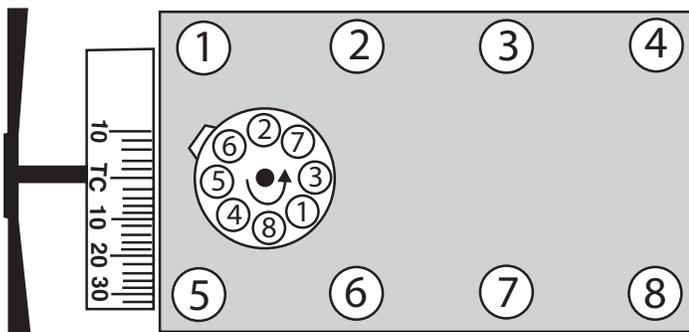
- 13. Replace valve covers, carburetor linkage and remaining vacuum and electrical connections.
- 14. Re-install air conditioner, if so equipped.
- 15. Refill radiator with coolant and re-connect battery.
- 16. Double check all connections, fuel lines, etc. before starting engine.
- 17. Engine oil and filter should be changed before start-up.

15. **CAMSHAFT & LIFTER RUN-IN:**

- A. Start the engine and bring immediately to break-in rpm. Vary engine rpm between 2000 and 2500 rpm during the entire break in period.

**CAUTION:** Change engine oil and filter before start-up. Do not allow the engine to run under 2000 rpm for the first 1/2 hour. Slow idle speeds may result in severe cam and lifter wear.

**SPECIAL INSTRUCTIONS:** With the Edelbrock manifold and camshaft package installation, a carburetor jet change and ignition timing changes may be required for best performance. Due to the varied applications of years and models of vehicles, no one combination could suffice for all installations. The following procedures are only a guideline



**Figure 1 - Ford 351 C.I.D. Cleveland V8  
Firing Order and Timing Marks  
Firing Order: 1-3-7-2-6-5-4-8**

**Turn distributor counter clockwise to advance timing**

- **IGNITION TIMING:** Increase initial setting to 10-14° BTDC (Before Top Dead Center). Total advance not to exceed 34-36°. With initial and centrifugal weights combined timing should be at full advance by 3000-3500 rpm. After timing is adjusted, reconnect the vacuum advance line.

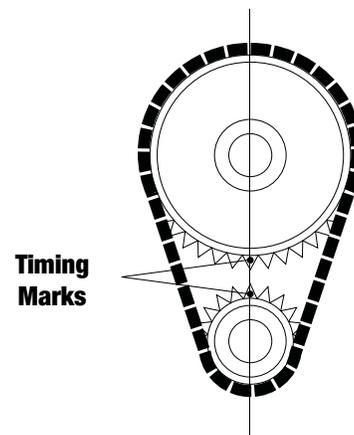
**NOTE:** The best combination for any particular vehicle or application must be determined by trial and error using the above information as a guideline.

- **HEADERS**

For best performance, headers are recommended. For this application, primary tube diameter should be 1-3/4" or 1-7/8", approximately 31" long, and terminating into a 3" collector. The remainder of the exhaust system should consist of dual exhaust and tail pipes, at least 2-1/4" in diameter, with free-flowing mufflers. These recommendations may vary depending on your specific application.

- **WARNING**

In order for this Performer RPM cam and lifter kit to be covered under ANY WARRANTY you MUST use the correct valve springs. The end flap or label from your valve spring box must be sent in with your camshaft if a warranty becomes necessary. Failure to install new valve springs with your Performer RPM cam and lifter kit could cause the cam lobes to wear excessively and could cause additional engine damage. **IF YOU HAVE ANY QUESTIONS ABOUT THIS APPLICATION, PLEASE CONTACT OUR TECHNICAL DEPARTMENT IMMEDIATELY.**



**Figure 2 - Timing Chain Sprocket Alignment**



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