

# Installation instructions

For set # 7.1108  
1990-96 Nissan 300ZX

**ENERGY**  
**SUSPENSION** 

1131 VIA CALLEJON, SAN CLEMENTE, CA 92673

**Note:** It is recommended that this set be professionally installed if you are unfamiliar with this type of work, and a factory service manual be purchased prior to performing any work on your vehicle for proper disassembly, reassembly and torque specs. These instructions are intended for bushing removal and install of Energy Suspension polyurethane bushings, once you have removed the factory component from your vehicle.

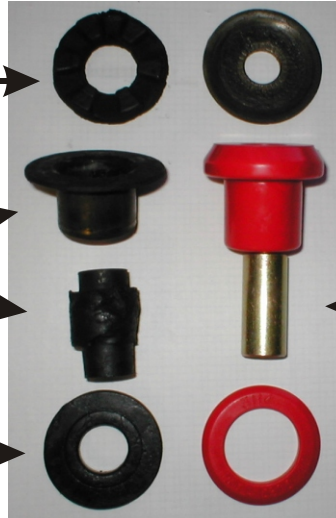
## Front diff. position removal / install



Remove old rubber from O.E. cup washer.

Remove O.E. outer metal shell, bushing and inner sleeve.

Remove O.E. rubber washer.



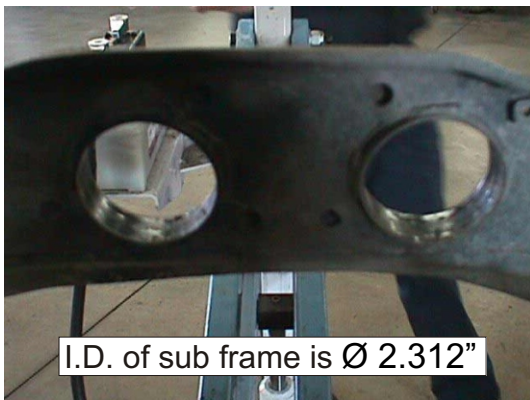
You must reuse O.E. cup washer with our polyurethane top bushing.

← Top bushing P/N 2401

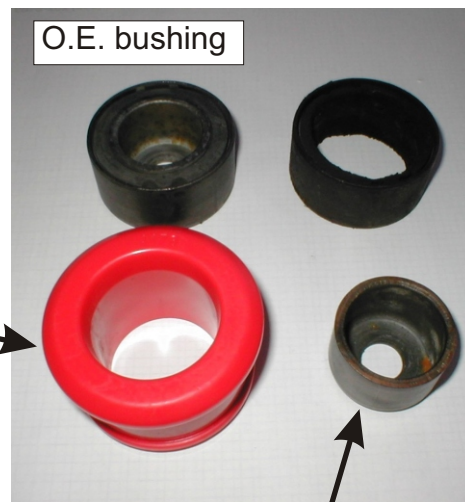
← Supplied sleeve 15.10.86.39  
.750" x .500" x 1.700"

← Lower thrust washer P/N 3114

## Rear diff. position removal / install



Remove O.E. outer metal shell, bushing and inner metal cup from sub frame.



O.E. bushing

P/N 4178

O.E. inner metal cup must be reused.

After installing our polyurethane bushings P/N 4178, reuse the inner metal cup from the O.E. bushings.

17295

24/FEB/03 BRH

© 2003 Energy Suspension. All rights reserved.  
May not be reproduced, in any form, or by any means,  
without the written consent of Energy Suspension.