1. Complete removal of rear subframe required for pressing out old rubber bushings and ease of removing bonded rubber rings.
2. To press out inner bushing, sleeve \& shell assembly, press on the inner metal sleeve from the bottom. Direction of removal should be toward the top of the sub frame. Note: this bushing is liquid filled and should come out as a complete unit with the sleeve \& shell. Do not apply heat to remove liquid filled bushing.
3. Do not remove the metal shell that has bonded rubber rings on both ends. This shell is needed to support the new polyurethane bushings. Remove the rubber rings from top and bottom of metal shell. All of the rubber must be removed for proper fit of the new polyurethane bushings. Use a razor knife to scrape off any remaining rubber.
4. To aid installation of polyurethane bushing apply a light coat of grease to the outside and inside of the upper polyurethane bushings, outside of the supplied inner metal sleeve, and inside of the metal shell on the subframe.
5. After installation is complete Energy Suspension recommends a 4-wheel alignment be performed at a qualified alignment shop.
Note: Rear differential carrier bushing set \# 7-1108 is also available and it is recommended that it be replaced at the same time.

